



VERENA WHITE

IGNITE YOUR DIVINE SPARK

VISION QUEST
RECODING THE DREAMSPELL

Session 14

Work Book

BY VERENAWHITE

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WELCOME

Welcome to Vision Quest, session 4, this is the session where we bring all the concepts and incorporate into the physical.

This program is just the beginning, you have now started the process of clearing up old beliefs and unconscious limitations. As you gain greater awareness you will start to integrate and realign and recalibrate to new possibilities.

This is the beginning of your new life as a Conscious Creator.

NOW IS YOUR TIME TO CREATE

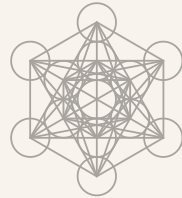
Verena White

*“ If you see it in your
mind, you will hold it in
your hand.”*

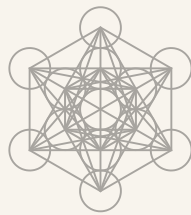
Bob Proctor

SESSION FOUR

You Are Not Broken



You Are Superconscious



You Are A Creative Force



The Power of Imaging

The power of imaging has long been used to create end results and bring our highest visions into reality.

Hypnosis has proven that when a mental image is suggested to the unconscious mind, the subconscious may not accept it at first, but if this picture is repeated sufficiently, the the unconscious mind has no choice but to accept it and bring it to pass.

When you use the power of pictures and images we trigger emotions and train our subconscious to accept this reality as if it has already happened.

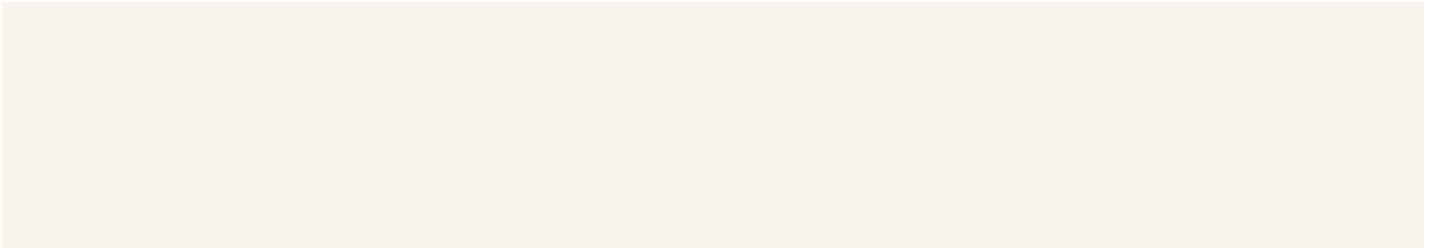
True Choices + Conscious Creator Identity +
Vision (Mental Image) + Aligned Action = SUCCESS

This is the equation for success.

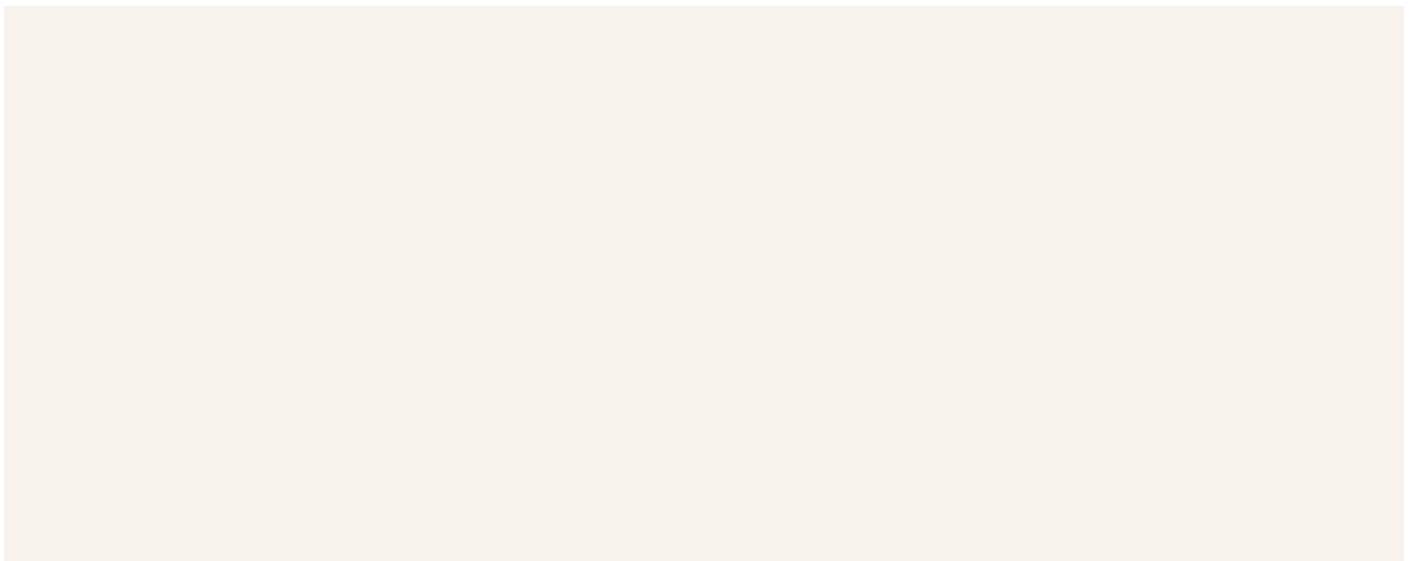


Vision Matrix

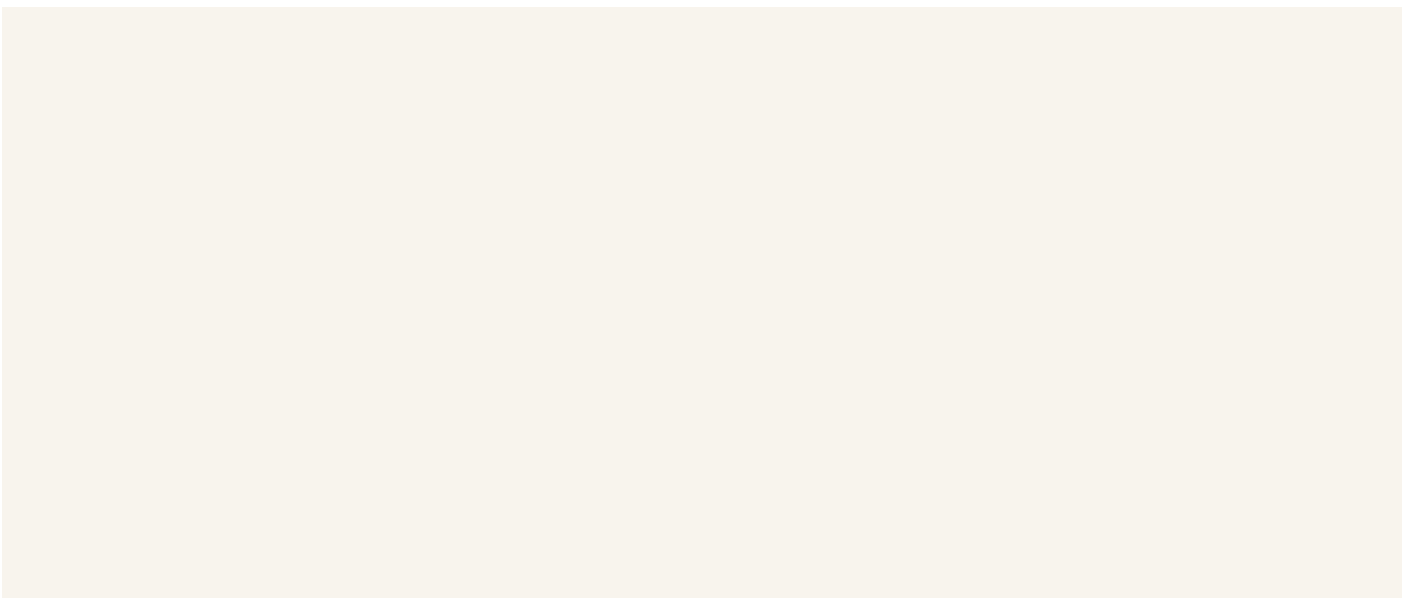
VISION STATEMENT



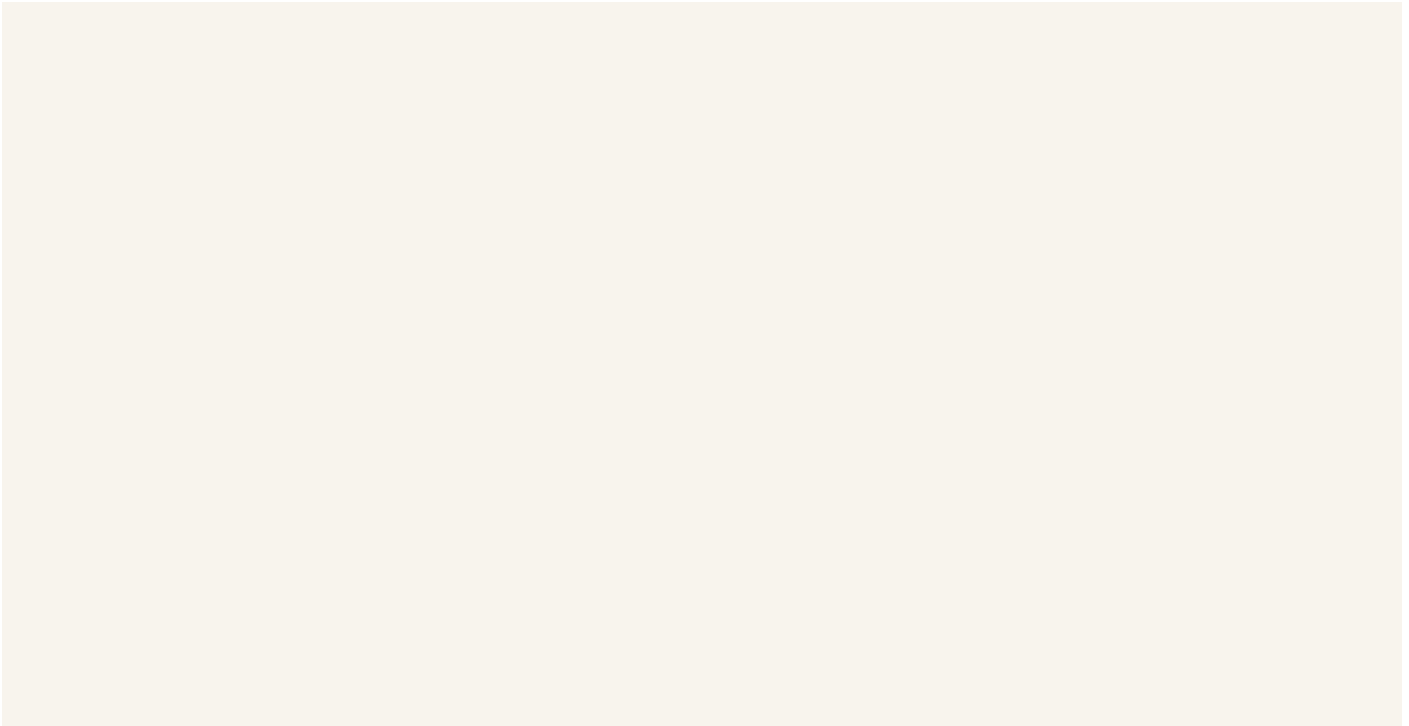
1. Financial / Career



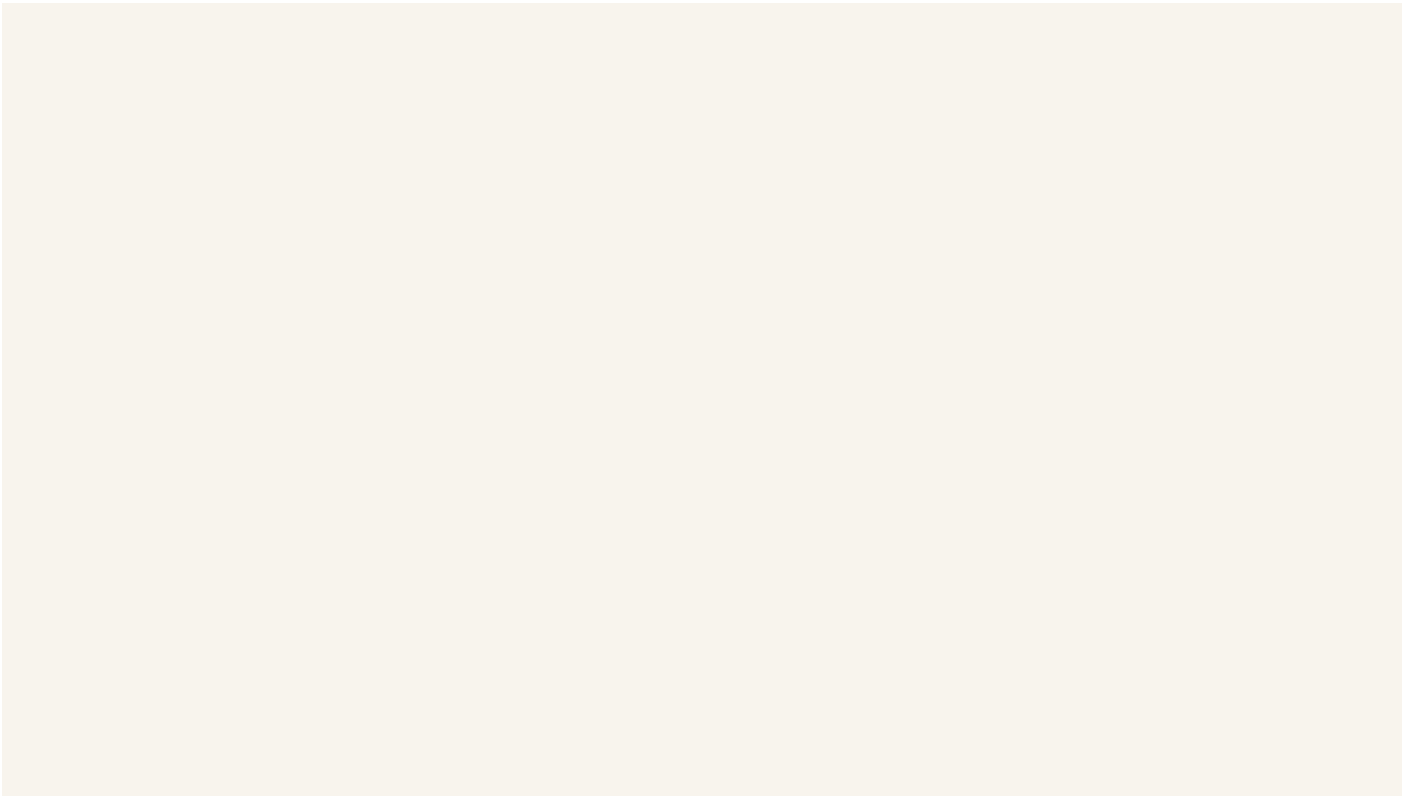
2. FAMILY / RELATIONSHIPS



3. FITNESS / HEALTH & WELLNESS



3. FULFILLMENT/ PERSONAL DEVELOPMENT

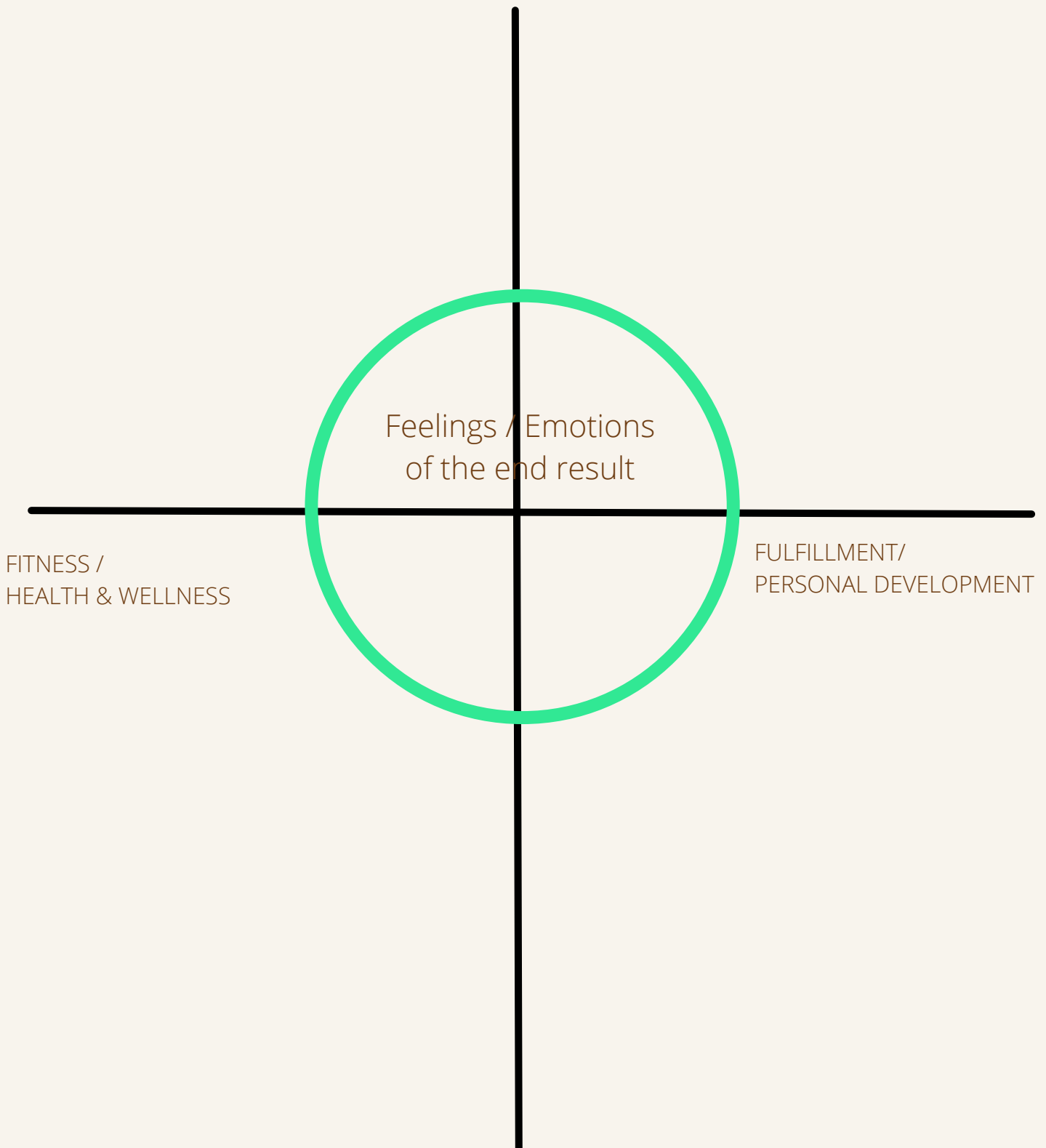


VISION MATRIX

Exercise

Financial / Career

FAMILY / RELATIONSHIPS



Vision Matrix

Financial/ Career

Family / Relationships



Faith



LOVE

PASSION

Health & Vitality

Personal Development



Energy



NEW EARTH

- Unity
- Sovereignty
- Peace
- Love
- Abundance
- Health
- 5D Consciousness



Cellular Health



Consciousness Expansion

Travel

Workshops



RECODE

5 Steps To Create Your Desires

1. True Choice
2. Create Tension
3. Focus on your Vision & Into The Emotion Of The End Result
4. Unplug & Recode
5. Take Aligned Action

Notes:

